

LUNCH

WEDNESDAY, SEPTEMBER 30, 2026

SAUERBRATEN AND CABBAGE



CALORIES
275

SODIUM
650mg

PROTEIN
21g

FAT
17g

CARBS
10g

CHOLESTEROL
75mg

FIBER
3g



(ingredients within are processed in a facility with peanuts and tree nuts)

CHICKEN FRICASSEE



CALORIES
270

SODIUM
750mg

PROTEIN
31g

FAT
12g

CARBS
10g

CHOLESTEROL
95mg

FIBER
2g

ROOT VEGETABLE STRUDEL



CALORIES
230

SODIUM
340mg

PROTEIN
5g

FAT
13g

CARBS
23g

CHOLESTEROL
0mg

FIBER
4g

Spaetzle contains wheat & egg



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen